Wellesley Times

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A Message from the Manager of Programs & Volunteer Services...

Hello Everyone!

Fall is in full swing at Wellesley Central Place! October is going to be an exciting month with lots of exciting programs and outings to look forward to as well as Resident Council Elections! Be sure to check your calendars for dates and times!

October Highlights:

October 5th – Welcome Committee October 9th – Apple Pie Social October 11th – Cultural Day: Spain October 12th – Horticultural Therapy October 15th – Soul Winners October 23rd – Birthday Party

October 26th – Fall Fashion Show

October Outings:

October 17th – Planet Bowl October 22nd – Black Creek Pioneer Village October 24th – Lunch at the Mandarin October 25th – Swimming Club

Residents' Council will be heading to the polls on October 13th. The Travelling Polling Station will be coming to your door from 2:00PM-4:00PM on October 13th - Be sure to check out the nominees for each position before then! Results will be revealed at the monthly residents' council meeting on October 16th at 10:30AM. Be sure to attend!

Have a wonderful month everyone! Happy Thanksgiving & Halloween!

Kayla Johnston

Manager of Programs & Volunteer Services

Family Council update

Family members and friends of residents are welcome to attend our meetings which for October and November will take place on the first Wednesday of each month.

Together we discuss issues which are important to our residents and Wellesley Central Place which is their home.

Wednesday, October 4th 2017 at 7:00 PM in The Chapel

We look forward to seeing you at our October meeting!



The Travelling Tuck Shop!

The Travelling Tuck shop will be visiting every Tuesday afternoon! Make sure to check the calendar each month to see the dates and times it

Will be on your floor!



Just keep...

SWIMMING!



The Swimming Club will be going swimming on Wednesday October 25 2017 At Variety Village! Let a Life Enrichment staff know if you would like to attend!

Cultural Day

Our multicultural day this month will be held on

Wednesday October 11th 2017.
We will be celebrating

SPAIN!

Some of the programs you can participate in are Discussions, Trivia, Traditions and the Cultural Day Party!



Happenings at Wellesley Central Place...

HELLO OCTOBER!

Make sure to make a note in your calendars for all of the exciting programs coming this month...

Movie Night – Life of Pi October 3rd

Balcony Balances
October 7th

Horticultural Therapy
October 12th

Soul Winners Concert
October 15th

Sing A long with Kathy October 18th

Spot the Difference October 21st

Pumpkin Carving October 30th

Just Some Fall Fun!





GO JAYS GO!



Residents Council Elections!

We are going to the polls! Residents' Council will be having elections for all positions on October 13th 2017. Campaigning will begin on October 1st 2017. Voting will take place on October 13th 1027 from 2:00PM-4:00PM. The voting cart will be coming room to room!

Be sure to check out the nominees...

Executive Member Nominations

Nominees for President:

- Mimi Littman
- Bob Woods

Nominees for Vice-President:

- Morley Chalmers
 - Bill Rankin
- Fatima Mohammady

Nominees for Secretary:

- Greg Fraser
- James Shaw
- Mary Pearson

Nominees for Treasurer:

Beryl Myddleton

Floor Representative Nominations

Nominees for 2nd Floor Representative:

• John McLeod

Nominees for 3rd Floor Representative:

Lesley Delaney

Nominees for 4th Floor Representative:

• Ray Thompson



Canada 150: Discovery Way

Canada 150: Discovery Way, the Ontario Science Centre's year-long installation about the stories behind transformational Canadian inventions and innovations, from the lightbulb to the flight recorder

When:

February 12, 2017 – November 12, 2017

Where:

Ontario Science Centre, 770 Don Mills Rd, Toronto



Waterfront Artisan Market

Back for its second year, the Waterfront Artisan Market will make Toronto's waterfront will come alive every Saturday from May 20 until October in HTO Park. Presented by The Waterfront Business Improvement Area (BIA) and operated by Scadding Court Community Centre, Toronto's waterfront open-air market features a carefully curated mix of 75 local, up-and-coming artisans, crafters, chefs and bakers.

When: May 20st, 2017 – October 7th, 2017

Where: HTO Park, Toronto



Cirque Du Soleil presents: Volta

Cirque du Soleil presents its newest production, Volta under the Big Top at the Port Lands, starting September 7th. Volta tells a spellbinding story about the freedom to choose and the thrill of blazing your own trail. The show, inspired in part by the adventurous spirit that fuels the culture of action sports, weaves the adrenaline rush of acrobatics into a visually striking world.

Tickets are priced from \$49.00.

When:

September 7, 2017- October 29, 2017

Where:

Port Lands, Toronto



Pumpkin Land and Harvest Festival

A sea of pumpkins will surround you during this festival of our most beloved squash. The whole family can enjoy tractor drawn wagon rides, mazes, the balloon typhoon and several other Halloween-themed activities. And of course, there will be plenty of pumpkin-themed activities, and a chance to pick out a pumpkin of your own at Whittamore Farm.

Weekends & Thanksgiving Monday – \$13.00 (+tax); Weekends & Thanksgiving Monday – \$48.00(+tax) Family of 4; Weekdays – \$9.00 (+tax) pp (Reduced Activities)

When:

September 16, 2017- October 31, 2017

Where:

Whittamore Farm, Markham



Dreamgirls at the Lower Ossington Theatre

Motown is coming to Toronto! The story of the legendary Diana Ross and the Supremes will be played at The Lower Ossington Theatre. Dreamgirls is a must-see musical experience that exemplifies the message about striving to the top, regardless of the obstacles in the way.

When:

September 8, 2017- November 18, 2017

Where:

100A Ossington, Toronto



World Press Photo Exhibition at Brookfield Place

Toronto's Brookfield Place proudly presents World Press Photo Exhibition 2017, a travelling exhibition of prize-winning entries assembled by World Press Photo, organizers of the world's largest and most prestigious annual press photography contest. FREE ADMISSION.

When:

October 3, 2017- October 24, 2017

Where:

Brookfield Place, Toronto



The Curious Incident of the Dog in the Nighttime

The Tony Award-winning production of The Curious Incident of the Dog in the Night-Time makes its Canadian debut at the Princess of Wales Theatre this autumn. Author Mark Haddon's internationally best-selling novel is brought to thrilling life on stage by Tony Award-winner director Marianna Elliott and playwright Simon Stephens. The play follows the story of 15-tear-old Christopher Boone, who has an extraordinary brain that is exceptional at math but ill-equipped to interpret everyday life. After he falls under suspicion for killing his neighbour's dog, his detective work to identify the true culprit takes him on a frightening journey that turns his world upside down.

When:

October 10, 2017- November 19, 2017 Princess of Whales Theatre – 300 King St. West, Toronto



Hot Docs Podcast Festival

Head to a Hot Docs for a weekend of popular podcasts live on stage. The Hot Docs Podcast Festival celebrates its second year, featuring an expanded four-day lineup of 10 live podcasts, five how-to-podcast panels and a special meet-and-greet. General Admission tickets range from \$15.00-\$29.00.

When: October 12, 2017- October 15, 2017

Where: 506 Bloor Street West, Toronto

Where:



International Festival of Authors

The annual International Festival of Authors brings together the best writers of contemporary world literature for 11 days of author readings, interviews, panel discussions and book signings. Book Bash is back again this year to inspire young readers with storytelling, puppet shows, theatre and magic.

When: Where:

October 19, 2017- October 29, 2017 35 Queens Quay West, Toronto

Toronto Public Library – St. James Town Branch 495 Sherbourne Street 416-393-7744

> Wellesley Community Centre 495 Sherbourne Street 416-392-0227

The 519 – LGTBQ communities 519 Church Street 416-392-6874



Does your loved one require 1:1 visits with a volunteer?

Volunteers at Wellesley Central Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the backyard or courtyard, a visit to Our Lady of Lourdes Church, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits please contact the Life Enrichment Staff on your floor.

Sydney - 416-929-9385 ext. 240 María -416-929-9385 ext. 232 Joy - 416-929-9385 ext. 241



Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
 - Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston - 416-929-9385 ext. 257 (Manager of Programs)

Sydney - 416-929-9385 ext. 240 (2nd Floor)

María -416-929-9385 ext. 232 (3rd Floor)

Joy - 416-929-9385 ext. 241 (4th Floor)



PET THERAPY AT WCP



Pictured in Photo: Scarlett visiting on 4E

Wellesley Central Place is lucky to have two teams of pet therapy dogs!
Alison & Scarlett and Jessica & Chewy – we would like to thank you for your dedication and hard work each week!

Please be sure to look for the wagging tails of Scarlett on Wednesday mornings at 10:00AM & Chewy on Wednesday evenings at 6:15PM!

WCP FALL FASHION SHOW

IT'S BACK!! MODEL RECRUITMENTS!!!

Do you love fashion?

Have you ever wanted to be a runway model?

Well this is your chance....
The Life Enrichment Team will be hosting a Fall Fashion Show!
Please sign up with a Life Enrichment Staff on your floor if you would like to participate as a model in the Fall Fashion Show!

<u>Date:</u> Thursday October 26th 2017

> <u>Time:</u> 2:30 PM

<u>Where:</u> Winter Garden

Light Refreshments will be served

Wellesley Central's Garden Centre

With Help from our Horticultural Therapist, Olivia - Everyone has a little bit of a green thumb... Make sure to check your calendar each month for the horticultural therapy program!





Welcome to the REKAI Family At WCP ...

Tod Phillip



Artists' Corner



Helen and John with their Fall Wreath's



Upcoming Autumn & Halloween Events at WCP

October is here and that means that
Thanksgiving and Halloween are just around the corner!

Apple Pie Social October 9th

Thanksgiving Trivia
October 9th

Pumpkin Pie Social October 29th

Pumpkin Carving October 30th

Intergenerational Costume Party
October 31st

Halloween Movie: Hocus Pocus October 31st



Welcome Committee

'We Want You!'

The Welcome Committee will be meeting on Thursday October 5th! We will be discussing our next Meet Your Neighbours event!!

When: October 5th 2017 Time: 11:00AM Where: 3East Activity Room

Residents Council Meeting!

The next Residents' Council meeting will be held on October 16th at 10:30PM in the Chapel!
Results from the election will be revealed during the meeting!

October Bus Outings

Planet Bowl Tuesday October 17th 2017 10:00 AM- 3:30 PM Contact: Sydney Ferguson Phone: 416-929-9385 x 240



Mandarin Lunch Tuesday October, 24th 2017 11:00 AM – 2:30 PM Contact: Maria Fabrychnava

Phone: 416-929-9385 x 232



Howling Hootenanny at Black Creek Pioneer Village

Sunday October, 22nd 2017 9:30 AM – 4:30 PM Contact: Joy Dungog

Phone: 416-929-9385 x 240



Swimming Club at YMCA Wednesday October, 25th 2017 1:00 PM – 5:00 PM Contact: Sydney Ferguson



October Birthdays

In astrology, those born from October 1 to 22 balance the scales of Libra. Libra epitomizes fairness and harmony in all dealings large and small. Sincere, beautiful, and romantic, Libra will work hard to keep all relationships on an even keel with boundless grace and charm. Those born between October 23 and 31 are Scorpios. Scorpios are passionate, deep, and intense, qualities that help them counsel others in deep and meaningful ways. Resourceful and determined, Scorpios give their all when it comes to following their hearts.

Nancy D – October 1st
Sam E – October 5th
William F – October 16th
Martha H – October 31st
Grace I – October 29th
Irene K – October 4th
John M – October 21st
Mary P – October 16th
Gordon S – October 18th
Robert S – October 22nd
Barbara W – October 21st





Gordon Sedgwick





WELLESLEY CENTRAL PLACE UPCOMING BUS OUTINGS

November:

Royal Agricultural Fair Red Lobster Lunch One of a Kind Show Swimming at YMCA



December:

Dufferin Mall Swiss Chalet Lunch Christmas Lights Tour Swimming at YMCA



Please stay tuned for upcoming outings and further details in the next few months ...