

160 Wellesley Street East, Toronto, ON M4Y 1J2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 - Colouring to Music - 3EA 2:00 - Bingo - 2ED 2:00 - Bingo 3E 11:00 - Walkers Club 3W Happy Birthday Kayoko S!
2 9:30 - Virtual Mass - 2nd fl 1:00 - Virtual Mass - 4E 2:15 - New Year's Spirit: Ballet "Sleeping Beauty" " - 2WD 3:00 - News Review - 4WD 6:00 - Snoezelen 4E	3 10:00 - Spiritual Care - 4E 2:00 - New Year Social - 4WD 2:30 - Scrabble - 2EA 4:15 - Fun and Fitness - 4WD 6:30 - Snoezelen SPA - 4EA Happy Birthday Joy G!	4 10:00 - 1:1 Ball Toss - 2W 11:00 - Puzzling Creations - 2WA 2:00 - Board Games - 2WA 2:00 - Brain Teasers - 4WD 4:15 - Sunset Disco Club - 4ED 6:30 - Relaxation Through Breathing - 4WA	5 10:00 - Puzzling Creations - 4EA 10:15 - Bingo - 2ED 11:00 - Music Appreciation 4W 2:00 - 1:1 Montessori - 4E 2:30 - Colour Club - 2WA	6 9:00 - Colour Club - 3EA 9:30 - Chatelaine Mornings - 4E 10:00 - Mindful Meditation - TV3 2:00 - Fun and fitness 3W 2:00 - Wise Men Quiz - 4WA 2:30 - Name that Country - 2WA 4:15 - Puzzling Creations - 2EA 6:30 - 1:1 Musical Tunes - 2W Happy Birthday Margaret H!	7 9:15 - Greetings to a New Year - All 9:30 - Friday Bingo - 4th fl 11:15 - Junk Drawer Search - 3EA 1:00 - LGBTQ+ Cookies - 3WD 2:00 - Spelling Bee 3W 2:00 - My Wishes - 4E 4:00 - Friendly Visits - 2W 6:00 - Bedtime Story - 4W 6:30 - 1:1 iPad Fun! - 2W	8 9:30 - Garden Club: Winter - 4th fl 9:30 - Bluenose Day: Sea Shanties - 3WD 10:45 - Elvis PB & Banana Sandwiches - 3EA 11:00 - Singing about Winter - 4E 2:00 - Elvis Music Bingo - M Happy Birthday Beryl M!
9 9:15 - Virtual Mass - 3ED 10:30 - Great Courses Plus - TV3 11:00 - Sunday Hymns - 4W 2:00 - Manicures - 3W 2:00 - Soothing Tea Social - 4ED Happy Birthday May F! Happy Birthday Tina P! Happy Birthday Patricia B!	10 9:30 - Montessori: Sorting - 4E 10:30 - Balloon Tennis - 2WD 11:00 - Seated Exercise - 4WD 1:00 - The Zodiac - 3WD 2:00 - Music Appreciation - 4EA 2:15 - Movie: Analyze That - 2WD 3:30 - Bowling - 3ED 6:00 - Astrology Match Puzzle - 3WA Happy Birthday Narinder K!	11 9:30 - Colourful Butterflies 3W 10:30 - Residents' Council - C 10:30 - Seated Exercise - 2ED 1:00 - My Wishes -3rd Fl 2:00 - Anglican Church - C 2:00 - Music Appreciation - 3E 2:30 - 1:1 Spiritual Stories - 2EA 4:15 - Sunset Disco Club - 4ED 6:30 - 1:1 Bible Story - 4th fl 11:00 - Spelling Bee 3W - 3ED	12 9:30 - Morning Cup of Joy - 4WD 10:30 - Virtual Pet Therapy - All 2:00 - Music Appreciation 3E 2:00 - My Wishes - 4W 3:00 - Colour Club - 2EA 3:45 - Walking Club - 3rd Fl 4:00 - Friendly Visits - 2W 6:00 - Snoezelen 4E	13 9:00 - Chatelaine Mornings - 4W 1:00 - Art Club - 3WA 2:00 - Winter Flowers - 4ED 2:30 - Name that fruit - 2WA 3:30 - Coffee Club Social- 3 East 6:15 - Reading: The Lost Locket - 3WD 6:30 - 1:1 Bedside Therapy - 2W Happy Birthday Vasilica O!	14 10:00 - 1:1 iPad Fun! - 2W 11:00 - Colourful Butterflies 2E 1:30 - Shibashi - 3ED 2:00 - Mindful Meditation - 2W 2:45 - Snakes & Lattes - 3WD Happy Birthday Oswald G!	15 10:00 - Colour Club - 3EA 10:15 - Seated Dancing - 2ED 11:15 - Walking Club 3W 2:00 - Bingo to Jazz Music 3E 2:15 - Bingo - 2WD
16 9:30 - Virtual Mass - 2nd fl 1:00 - Virtual Mass 4E 2:30 - Craft Corner - 2EA 3:00 - New Review 4W 6:00 - Walkers Club 4w	17 9:15 - Walking Club - 3rd Fl 10:30 - Word Games - 3EA 2:00 - Craft: Popsicle Stick Snowflakes - 3EA 2:30 - Music Circle -4WD 4:15 - Fun and Fitness - 4WD 6:30 - Relaxation Through Breathing - 4EA Happy Birthday Margaret M!	18 9:00 - 1:1 iPad Fun! - 2E 9:15 - Pet/Doll Therapy - 3rd Floor 10:30 - Colourful Butterflies - 2WA 10:30 - Jam Session - 3EA 2:00 - LGTBQ Button Craft - 4ED 2:00 - Seated Exercise 2W 3:00 - Collage Collective - 3WA 4:15 - Sunset Disco Club - 4ED 6:00 - Movie Night - 4W Happy Birthday Estrellita T!	19 9:00 - 1:1 iPad Fun! - 4W 9:30 - 1:1 Ball Toss - 2W 10:30 - 1:1 Montessori - 4E 1:30 - Balloon Badminton - 3ED 2:00 - Fun and fitness 4W 2:30 - Painting to Music - 2EA 3:00 - Travelogue- Norway - 3W 6:30 - Retro Wrestlemania - 3EA	20 9:00 - 1:1 iPad Fun! - 3E 9:30 - Chatelaine Mornings - 4E 10:15 - Puzzling Creations - TV3 2:00 - Reminiscing: Famous January Birthday - 4WD 2:00 - Seated Exercise 3W 3:15 - Scrabble - 2EA 4:30 - 1:1 Favorite Melodies - 2E 6:30 - Hand massages - 2W	21 10:00 - Decorating Traditional Hungarian Hats - 3WD 1:30 - Hungarian Snacks - All 2:00 - Colouring Hungarian Style 3E - 2WA 3:45 - Hungarian Folktales - 3EA 4:00 - Hungarian Chit Chat - 4E 4:15 - Hungarian Music - 2WA 6:00 - Hungarian Bedtime Story - 2E Cultural Day Hungary	22 9:30 - 1:1 Current Events - 4th fl 9:30 - Seated Zumba - 3ED 10:30 - Sensory Cart - Zen Rock Garden - 3W 11:00 - Knockout Kings - 4W
23 9:15 - Virtual Mass - 3ED 9:30 - Ladies Beauty Salon - 4th fl 11:00 - Sunday Hymns - 4E 2:00 - Karaoke - 4WD	24 9:30 - Seated Exercise - 4ED 10:15 - 1:1 Stretches - 2W 10:30 - Gender Sexuality Alliance (GSA) - C 1:15 - Walking Club - 3rd Fl 2:00 - 1:1 Montessori - 4E 3:30 - Happy Hour - 3rd Fl 6:00 - Knitting Circle - 3ED Maria's Paper day	25 10:00 - Colourful Butterflies 3W 10:15 - Seated Dancing - 2ED 11:00 - Learn a New Language: Anishinaabemowin - 3EA 11:00 - Word Games - 3EA 2:00 - The History of Tetley Tea - 4WD 2:00 - Walkers Club - 3EA 2:30 - Who Is Robbie Burns? - 2WA 4:15 - Sunset Disco Club - 4ED 6:30 - Hand Massages - 4th fl Happy Birthday Yune L!	26 9:30 - Seated Dancing - 3ED 10:30 - Virtual Pet Therapy - All 2:00 - Textile Weaving - M 2:00 - Music Appreciation 3W 2:30 - Brain Teasers - 2WA 4:15 - LGBTQ Famous People - 2E 6:00 - Bedtime story 4W 6:30 - 1:1 Reminiscing Time - 2E	27 9:00 - Chatelaine Mornings - 4W 10:00 - Montessori: Setting the table - 3W 11:00 - Universal Yums - 3EA 1:00 - My Wishes -3rd Fl 2:00 - Painting to Mozart Music - 4EA 2:15 - Movie:" Love Actually " - 2WD 6:30 - 1:1 iPad Fun! - 2E	28 9:00 - Mindful Meditation 2E 9:30 - Friday Bingo - 4th fl 10:30 - Name that Country - 2WA 1:00 - Drum Fitness - 3ED 2:00 - Art Club: Jackson Pollock - 4WA 2:00 - Ball Toss 2E 3:00 - Floral Arranging - 3WA 5:45 - Movie: Forbidden Kingdom - M	29 10:00 - Colour Club 3W 10:15 - Seated Dancing - 2WD 1:00 - Walking Club - 3E 2:00 - Bingo 4W to the Classics 2:00 - Bingo - 2ED Happy Birthday Ken D! Happy Birthday Mary F!
30 9:30 - Virtual Mass - 2nd fl 10:30 - 1:1 Montessori - 2E 1:00 - Virtual Mass - 4E 2:30 - Coffee Social - 2E 3:00 - News Review 4E 6:00 - Snoezelen 4E	31 10:00 - Boomwhackers - 3WD 11:15 - 1:1 Bedside Therapy - 3W 1:00 - Face to Family - All 4:15 - Fun and Fitness - 4WD 6:30 - Calming Mandala - 4EA					

2EA - Activity Room 2E

2ED - Dining Room 2E

2W - 1:1 Resident Rooms

2WA - Activity Room 2W

2WD - Dining Room 2W

3EA - Activity Room 3E

3ED - Dining Room 3E

3WA - Activity Room 3W

3WD - Dining Room 3W

4E - 1:1 Resident Room

4EA - Activity Room 4E
C - Chapel/Community Room

4ED - Dining Room 4E
M - Main TV Room

4WA - Activity Room 4W
TV3 - TV Lounge 3W

4WD - Dining Room 4W

All - All