

MAY 2018

Rekai Reporter

345 Sherbourne Street * 416-964-1599 ** Fax number * 416-964-3907*



Table of Contents

Page 1:

A Message from the Manager of Programs, Community Partnerships and Volunteer Services

Page 2:

Swimming Outing Update, Pet Therapy, Welcome to the Family, Cultural Day

Page 3:

Happenings at Sherbourne Place and Family Night Update

Page 4 -7:

Local & Community Happenings in May 2018

Page 8:

Volunteer Requests and Services

Page 9:

Resident, Family and Friends Feedback

Page 10:

Intergenerational Day

Page 11:

GSA Information

Page 11:

Upcoming April Bus Outings, Residents May Birthdays, Remembering our friends

Page 12:

Upcoming Monthly Bus Outings

A Message from the Manager of Programs & Volunteer Services...

Hello Everyone!

As the saying goes, April showers bring May flowers – let's hope this is true!

May will be a month filled with exciting programs and outings. Please make sure you check your calendar to see what's happening at Wellesley Central Place.

Outing Schedule:

May 21st – Distillery Art Fest

May 28th – Shopping Trip

May 30th – Sunshine Centre

Highlights:

May 4th – Birthday Party

May 5th – Cooking Class: Taco's

May 10th – Sing Along with Kathy

May 15th – Intergenerational Visits

May 18th – Cultural Day

May 20th – Regent Park Choir

May 24th – Memorial Service

Happy Mother's Day! Happy Victoria Day!
Happy Nursing Week to all our hardworking Nurses!

Wishing everyone a bright & sunny month!

Kayla Johnston
Manager of Programs & Volunteer Services

Welcome to the
Rekaí Family!

Yuen-Ting Wu
Cheryl Payne
Oprea Vasílica
Hazel Martín



Just keep...

SWIMMING!



Stay tuned on updates for
The Swimming Club in the next
newsletter

Pet Therapy

Please be sure to keep a
look out for the wagging tail of
Didi on Tuesdays at 10:00AM



Cultural Day

Our multicultural day this month will be
held on
Friday May 18th
We will be celebrating

Mexico

Some of the programs you can participate
in are Discussions, Trivia, Traditions and
the Cultural Day Party!



Happenings at Sherbourne Place

HELLO May!

Make sure to make a note in your calendars for all of the exciting programs coming this month...

May 4th
Birthday Party

May 5th
Cooking Class

May 8th
Residents' Council

May 10th
Sing Along with Kathy

May 15th
Intergenerational Visits

May 17th
Horticultural Therapy

May 18th
Cultural Day: Mexico

May 24th
Memorial Service

May 25th
Raising Artists

Family Night Update

Our quarterly family night will be held on May 23rd from 5:30PM to 6:30PM. We encourage families to come get updates from all departments, raise any concerns or ask any questions.

We hope to see you there!

Raising Artists

Come join our new art program, Raising Artists!!

**May 25th 2018
10:30AM
Chapel**

**First Class: Abstract Art to Music
Paint what you hear!**



Local & Community Happenings in May 2018



Artistry in Silk: The Kimono of Itchiku Kubota

Artistry in Silk celebrates the work of Itchiku Kubota (1917–2003), an innovative artist whose spectacular creations gave new meaning to the art of kimono. His creative work expanded contemporary ideas of surface design and assured Kubota a legacy as an out-of-the-ordinary artist and artisan whose work stimulated the mind and delighted the eye. The exhibition presents 41 kimono designed and produced by Kubota over three decades, from 1976 to his death in 2003. Curated by Jacqueline Marx Atkins and organized by the International Chodiev Foundation.

When: February 7, 2018 - May 13, 2018

Where: Textile Museum of Canada- 55 Centre Ave



Drop In Clay Classes

Explore the potential of working with clay (without the commitment) in one of the Gardiner Museum's weekly Drop in Classes. **Drop-In Classes happen every Wednesday, Friday, and Sunday, with online registration opening at 10 am the morning of each class.** Experiment with various hand building, wheel throwing, and decorating techniques under the guidance of one of our experienced artist instructors. You'll have access to a professional ceramics studio. Exercise your creativity and tap into the benefits of working with your hands. Tickets: \$15 Adults, \$12 Gardiner Friends, \$12 Seniors/Students, \$5 Child under 12, \$5 Firing Fee / piece.

When: Starting January 3 2018

Where: Gardiner Museum, Toronto



Yayoi Kusama: Infinity Mirrors

The Art Gallery of Ontario will be the only Canadian stop for Yayoi Kusama: Infinity Mirrors. Featuring the North American debut of numerous new works by the celebrated Japanese artist, visitors are invited to enter fantastical worlds as they experience six of Kusama's most iconic kaleidoscopic environments, alongside the artist's large-scale paintings, sculptures and works on paper.

Two to three visitors will be allowed in each Infinity Mirror Room at once. Visitors will have a limit of 20 to 30 seconds in each room. The Exhibitions are Every Wednesday. Tickets range from \$21.50- \$30.00.

When: March 3 2018- May 27 2018

Where: Art Gallery of Ontario (AGO), Toronto

Local & Community Happenings in May 2018



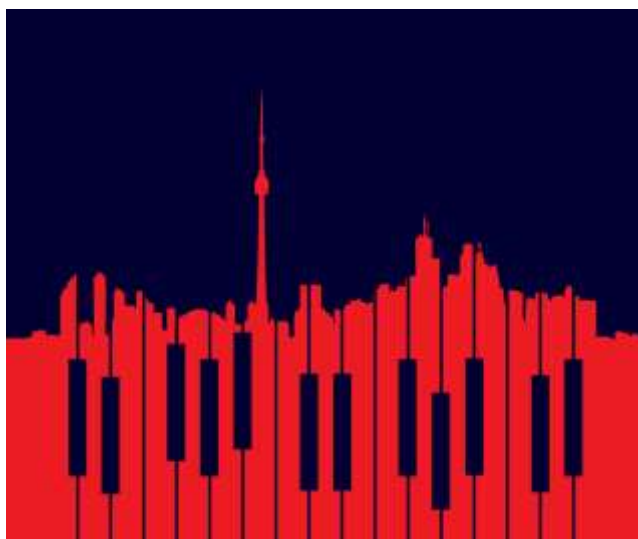
Land/ Water/Sky

Members of the Scarborough Museum Youth Collective present photographic works that reflect their connection to the land, water and sky. Youth created their pieces in art workshops led by Wyandot Artist/Mentor and Faith Keeper Catherine Tamaro.

Cost: Pay what you can.

When: April 1 2018 – August 30 2018

Where: Scarborough Museum, Scarborough



Notes in the Night

Guest curated by Ralph Coram, this exhibition focuses on Toronto's many jazz venues using photographs, menus, advertising, memorabilia, record sleeves, posters, correspondence and interviews. The exhibit will feature materials from the collections of important music-scene personalities like Dave Caplan, Jim Galloway, Archie Alleyne and Warwick Publishers. Taped interviews with jazz greats. Featured clubs include long-running venues like the Colonial Tavern, the Town Tavern, Bourbon Street and George's Spaghetti House.

Cost: \$6.19 seniors

When: March 3 2018 – June 23 2018

Where: 2nd Floor- St Lawrence Market- 95 Front St. E



Hockey Hall of Fame Stanley Cup 125th Anniversary Tribute

Celebrating 125 years of hockey's greatest treasure. If the Stanley Cup could talk, imagine the stories it could tell. Get hands-on-access to the Stanley Cup and immerse yourself into the rich history of Hockey's Holy Grail. Catch this limited-time tribute which ends December 31, 2018. This event takes place Every Tuesday from 10 am-5 pm. Cost: \$15.00 for seniors' ticket.

When: March 27 2018 – December 31 2018

Where: 30 Yonge Street, Toronto

Local & Community Happenings in May 2018



Etobicoke Art Group: 54th Annual Juried Exhibition

This show is the longest running at the Etobicoke Civic Centre Art Gallery, running since 1977. Public Reception and Awards Ceremony will be held on Thursday May 3rd, 7:00 - 9:00 pm.

Admission is always free. All are welcome!

When: May 1 2018 – May 21 2018

Where: Etobicoke Civic Centre Art Gallery – 399 the West Mall, Etobicoke, Ontario



Art Fest at the Distillery

Artfest Toronto hosts 2 outdoor art and craft shows. Celebrating painting, photography, sculpture, fine craft, live music and more from Canada's top artists. Set throughout the cobblestone lanes of the Distillery Historic District in downtown Toronto.
FREE Admission.

When: May 19 2018

Where: The Distillery District- 55 Mill Street, Toronto



Grease the Musical

Return to an era of pink ladies and slicked back hair with Grease the Musical, live in Toronto! The 2017 production that captivated audiences returns to Toronto's historic Winter Garden Theatre for another limited run Thursday, May 24th, 2018. Show times are 6:30pm-9:30 pm. Ticket prices: \$29.00 per person.

When: Every Thursday May 23 2018- June 16 2018

Where: The Elgin and winter garden Theatre Centre- 189 Yonge Street, Toronto

Local & Community Happenings in May 2018

Toronto Public Library – St. James Town Branch
495 Sherbourne Street
416-393-7744

Wellesley Community Centre
495 Sherbourne Street
416-392-0227

The 519 – LGBTQ communities
519 Church Street
416-392-6874



Does your loved one require 1:1 visits with a volunteer?

Volunteers at Wellesley Central Place can spend time with your loved one while engaging in various leisure activities such as outdoor strolls in the backyard or courtyard, a visit to Our Lady of Lourdes Church, a trip to the library or coffee shop, reading and reminiscing.

If you would like to sign your loved one up for 1:1 volunteer visits please contact the Life Enrichment Staff on your floor.

Christina - 2nd floor

Lucy - 3rd floor

Luca - 4th floor



Dear Residents, Family and Friends

We want to know your feedback!!!

- What kinds of programs do you want to see?
- Do you enjoy the programs we have now?
- What kinds of outings would you like to go on?
- What kind of themed parties and events would you like to see?

We want to know your input. Please feel free to leave your drop box, or with the Life Enrichment Staff on your floor.

Kayla Johnston - kayla@rekaicentres.com

Christina Parmanand - 2ndfloorle@rekaicentres.com

Lucy Zhou - 3rdfloorle@rekaicentres.com

Luca Occhuzzi - 4thfloorle@rekaicentres.com





**Wellesley
Central place**

160 Wellesley
Street East

416-929-9385
ext 257

10:30AM-
1:30PM

INTERGENERATIONAL DAY!

June 1st 2018

Come and celebrate Intergenerational day with the residents at Wellesley Central Place. Special balloon animal making clown, music, games BBQ hot dogs, cake and much more.

Welcoming Rose Avenue Daycare, Our Lady of Lourdes and Spruce Court.

**RSVP to Kayla Johnston at
kayla@rekaicentres.com before May 30th 2018**



Gender & Sexuality Alliance (GSA)

The Reikai Centres has formed a Gender & Sexuality Alliance (GSA) to support and address the needs of the LGBTQ2S+ members of the community, inclusive of residents, staff, families, volunteers, students, allies and other community members.

Our mission is to foster and establish an inclusive and safe environment at the Reikai Centres.

The GSA welcomes all community members interested, LGBTQ2S+ and non-LGBTQ2S+.

Please contact **Barbara Michalik** – Director of Community Partnerships, Programs and Volunteer Services at **416-929-9385** **ext:265** or **barbaram@reikaicentres.com**, if interested.



Our next GSA meeting is scheduled for:

**Wednesday May 31st 2018
at Wellesley Central Place**

This will be a joint meeting with Wellesley Central Place, Sherbourne Place and Fudger House.

**Our next GSA Event is:
LGBTQ2S Friday Night Film: Out Late
May 4th at 6:30PM
Chapel**



May 2018 Bus Outings

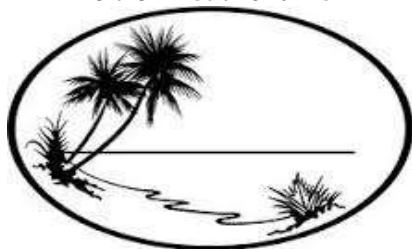
Distillery Art Fest
Monday May 19th
1:30PM-4:00PM
Contact: Luca Occhuizzi
416-964-1599 ext 252



Scarborough Town Centre
Monday May 28th 2018
11:00AM-2:30PM
Contact: Christina Parmanand
416-964-1599 ext 252



Sunshine Center
Wednesday May 30th 2018
10:00AM-4:30 PM
Contact: Lucy Zhou
416-964-1599 ext 252



May Birthdays

In astrology, those born between May 1–20 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks with a dogged persistence. Once the work is done, a Taurus expects to enjoy the fruits of their labor.

Those born between May 21–31 are Gemini's Twins. They have two distinct and alluring sides to their personality: sociable and ready for fun, or serious and thoughtful. Sometimes they feel as if one half is missing, so they forever seek new friends.

Edoboyi O – May 10th
James G – May 5th
Anthony H – May 24th
Anita J – May 4th
Peter K – May 24th
Sofia L – May 19th
Maria M – May 12th
John S – May 20th
Lorne S – May 27th
Gloria T – May 19th
Anton V – May 15th
Kenneth W – May 4th
Hong Tong Y – May 24th



In Loving Memory

Helen Zuoir
Gen Yuan Ye
Wilfred Greatwich-Moseley



**SHERBOURNE PLACE
UPCOMING
BUS OUTINGS**

June:

Sunshine Centre
Picnic in the Park
Swimming at YMCA



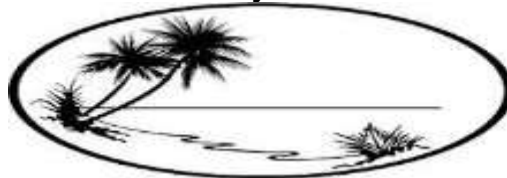
July:

Sunshine Centre
Steam whistle Brewery
Swimming at YMCA



August:

Sunshine Centre
River Cruise
Garage Lunch
Blue Jays Game



Please stay tuned for upcoming outings and further details in the next few months