

345 Sherbourne Street, Toronto, ON M5A 2S3

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 10:00 - Welcome October! - All 10:30 - Virtual Pet Therapy - All 1:00 - Coffee Social - 3 1:00 - Tuck Shop - 2R 1:30 - Volleyball - 3 2:00 - International Day of Older Persons Virtual Event - All Happy Birthday Jean! International Day of Older Persons	2 10:00 - Boogie Woogie - 2 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:00 - Sip N Paint - 2 3:30 - Board Games - 2 4:00 - Stroll to Fresh Air - 3 Happy Birthday Yen Ha!
3 10:00 - Religious/Spiritual Connection - 2R 1:30 - Bingo - 3 2:00 - Bingo - DR 2:30 - Baseball - 3 4:00 - 1:1 Aromatherapy - 2R 6:30 - 1:1 iPad Fun! - 3	4 1:00 - Fall Craft! - 4 1:30 - Creative movement - 3 3:00 - Autumn Strolls - 4R 3:00 - Chinese Movie - 3 6:00 - Relaxation - 3 6:30 - 1:1 Virtual STM Chat - All	5 1:30 - Creative Music - 2 2:30 - Audiobook Club - 2 6:00 - Sensory Therapy - 2 Happy Birthday Wing Han!	6 9:30 - Volleyball - 3 10:00 - Sunny Side Up - 2 11:00 - Fancy Nails - 2R 1:00 - Rec Check! - 4R 3:30 - Reminiscing - 3R 3:30 - Balloon Badminton - 4 3:30 - Yarn Craft - 2 6:30 - Mindful Evenings - 4R	7 9:00 - Stroll to Fresh Air - 3R 10:00 - Active Mornings - 2 10:30 - Montessori - 3 2:30 - Cantonese Opera - 3 3:00 - Fresh Air Break - 4R 3:00 - Tuck Shop - 2R 6:00 - BINGO - 4	8 1:30 - Volleyball - 3 2:30 - Coffee and Conversation - 3 6:00 - Relaxation - 3 Happy Birthday Cecil!	9 10:30 - Sing-Along Saturday - 4R 1:30 - Walk & Roll - All 4:00 - Brain Games - 4R Happy Birthday Jane!
10 10:00 - 1:1 Communion - All 10:00 - What is Mental Health? - 4 2:00 - Apple Cinnamon Cart! - All 3:30 - Charlie Brown Thanksgiving - 4 World Mental Health Day!	11 9:30 - Making Wontons - CR 10:00 - Thankful Thoughts - 4R 12:00 - Wonton Social - 3 1:00 - Sharp Brain - 3 1:00 - Fall Craft! - 4 1:00 - Gratitude Tree - CR 2:30 - Thanksgiving Social - CR 2:30 - Movie: Grandma's House - 2 3:00 - Autumn Strolls - 4R 6:30 - 1:1 Virtual STM Chat - All Thanksgiving!	12 9:30 - Basketball - 3 11:00 - Craft - 3 2:00 - Resident's Favor - 3 3:00 - Chinese Music - 3 Happy Birthday Barry!	13 1:00 - Rec Check! - 4R 1:30 - Residents' Council - CR 2:00 - Tuck Shop - 4R 2:30 - LGBTQ Concert - 3 3:30 - Balloon Badminton - 4 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R 6:30 - Mindful Evenings - 4R	14 10:00 - Active Mornings - 2 11:00 - Garden Care - 2 3:00 - Reality Orientation - 2R	15 Cultural Day: Cambodia 9:30 - Visit Cambodia - 3R 10:15 - Cambodia Wildlife - 4 10:30 - Virtual Pet Therapy - All 11:00 - Cambodia Trivia - 2R 1:00 - Coffee Social - 3 1:00 - The Magic of Khmer - 4 1:30 - Volleyball - 3 2:00 - Cambodian Treats! - CR 3:00 - Fast Facts: Cambodia - 4R	16 10:00 - Dance to Fitness - 2 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:00 - Sip N Paint - 2 3:30 - Board Games - 2 4:00 - Stroll to Fresh Air - 3
17 10:00 - Religious/Spiritual Connection - 2R 1:30 - Bingo - 3 2:00 - Bingo - DR 2:30 - Baseball - 3 4:00 - 1:1 Aromatherapy - 2R 6:30 - 1:1 iPad Fun! - 3	18 1:00 - Fall Craft! - 4 1:30 - Creative movement - 3 3:00 - Autumn Strolls - 4R 3:00 - Chinese Movie - 3 6:00 - Relaxation - 3 6:30 - 1:1 Virtual STM Chat - All Outing: Fall Leaves Tour 12:30pm-5:00pm	19 1:30 - Creative Music - 2 2:30 - Audiobook Club - 2 6:00 - My Favorite Oldies Movie - 2	20 9:30 - Volleyball - 3 10:00 - Sunny Side Up - 2 11:00 - Fancy Nails - 2 2:00 - Online Smile Theater: On the Other Side of the Life - DR 3:30 - Reminiscing - 3R 6:30 - Mindful Evenings - 4R Outing: Edward Gardens 1:30pm-5:00pm	21 9:00 - Stroll to Fresh Air - 3R 10:00 - Active Mornings - 2 11:00 - Garden Care - 2 1:00 - Garden Club - 4 2:30 - Cantonese Opera - 3 3:00 - Fresh Air Break - 4R 3:00 - Reality Orientation - 2R 6:00 - BINGO - 4	22 11:00 - Reikai Radio - 2 1:00 - Tuck Shop - 2R 1:30 - Volleyball - 3 2:30 - Coffee and Conversation - 3 3:00 - Indoor Golf - 2 6:00 - Relaxation - 3	23 10:30 - LGBTQ2S+ Sing-Along - 4R 1:30 - Walk & Roll - All 4:00 - Brain Games - 4R
24 10:00 - 1:1 Communion - All 10:00 - Spiritual Sunday - 4R 2:00 - S'more Fun! - All 3:30 - Charlie Brown Halloween - 4	25 9:00 - Making Fried Noodle - CR 12:00 - Food based socials - 3 1:00 - Face to Family - 3R 1:00 - Smoothie Bar - 2 1:00 - Trick or Trivia - All 2:00 - Montessori - 3 3:00 - Creepy Crafts - All 6:30 - 1:1 Virtual STM Chat - All 7:00 - 1:1 Bedside Therapy - 2R Happy Birthday Mr. Lau!	26 9:30 - Basketball - 3 11:00 - Paint Your Pumpkin! - All 1:30 - 1:1 Music Jamz - 2R 2:00 - Resident's Favor - 3 2:00 - Pumpkin Pie Cart - All 2:30 - Audiobook Club - 2 3:00 - Chinese Music - 3 3:30 - Cast Your Vote - All 6:00 - Sensory Therapy - 2	27 10:30 - Best Pumpkin at SP! - DR 1:00 - Halloween Movie! - All 2:00 - Tuck Shop - 4R 3:00 - Magic Slime! - All 3:45 - Reality Orientation - 3 6:00 - Aromatherapy - 3R 6:30 - Spooky Stories! - All	28 10:00 - Active Mornings - 2 11:00 - Garden Care - 2 1:00 - Tattoo Shop of Horrors - All 1:30 - Halloween Shenanigans - 2 2:30 - Everybody's Favorite Cooking Show - CR 3:00 - Haunted Walk - All 6:00 - Halloween BINGO! - All	29 10:00 - 72 Most Dangerous Animals - All 10:30 - Virtual Pet Therapy - All 1:00 - Coffee Social - 3 1:00 - Trick or Treat Cart - All 1:00 - Tuck Shop - 2R 1:30 - Volleyball - 3 2:00 - Movie Friday - 3 2:30 - Fright Night on 2nd Floor Street - 2 3:30 - Cast Your Vote - All	30 10:00 - Boogie Woogie - 2 10:00 - Hymn Sing - 3 2:00 - Board Game - 3 2:00 - Sip N Paint - 2 3:30 - Board Games - 2 4:00 - Stroll to Fresh Air - 3
31 10:00 - Religious/Spiritual Connection - 2R 2:00 - Halloween Bingo Party! - DR 2:30 - Baseball - 3						

2 - 2nd Floor Activity Room

2R - 2nd Fl 1:1 Resident Room

3 - 3rd Floor Activity Room

3R - 3rd Fl 1:1 Resident Room

4R - 4th Fl 1:1 Resident Room

All - All

CR - Craft Room

DR - Dining Room